



edwards and ward
a recipe for success

Edwards & Ward are delighted to provide fresh, nutritious and healthy lunches to the pupils at your school. We are an award winning caterer specialising in education and we have built our reputation on fresh food prepared on site by staff who care about what they do.



look out
for special
theme days



Our seasonal fresh vegetables are sourced from local farms wherever possible and we also use fair trade products

Did you know that we only use organic, red tractor or farm assured meat in all our schools.



We also serve your children organic vegetables.

We only use the freshest free range eggs.



Edwards and Ward ensures that all of our menus stick to the current School Food Standards.

All of our fish is MSC Certified to encourage sustainable fishing practices.



Dietary and Allergen advice

If your child has been advised by their GP or Health Care Professional to either follow a special diet or to avoid certain foods containing any of the "identified" allergens as per Food Information for Consumers Regs. 2014, then please contact your Childs school and our Special Diet and Allergen help line on

01934 615616

Contact Us

We will be delighted to hear from you,
wandsworth@edwardsandward.co.uk
www.edwardsandward.co.uk



SPRING/SUMMER 2017

**MENU
2017
WANDSWORTH
PRIMARY**



In Partnership with Wandsworth Borough Council

Week 1

20/02/17, 13/03/17, 18/04/17, 08/05/17,
05/06/17, 26/06/17, 17/07/17



Week 2

27/02/17, 20/03/17, 24/04/17, 15/05/17,
12/06/17, 03/07/17



Week 3

06/03/17, 27/03/17, 01/05/17, 22/05/17,
19/06/17, 10/07/17

MONDAY

Free Range Chicken and Leek Puff Pie
Or
Pollock Gratin
Or
Jacket Potato with Cheese and Beans
New Potatoes with Chives, Herby Cous Cous,
Broccoli Florets & Golden Corn
Rhubarb Oaty Crumble and Custard

MONDAY

TUESDAY

Organic Chilli Beef with Tacos and Tomato Salsa
Or
Cauliflower Cheese
Or
Sweet Tomato Pasta Bake
Turmeric Rice, Parsley Potatoes, Peas and
Sweetcorn, Roots and Shoots
Iced Lemon and Cucumber Cake

TUESDAY

WEDNESDAY

Rosemary Roast Chicken with
Stuffing and Gravy
Or
Salmon Kedgeree with Curry Sauce
Or
Cheese and Spring Onion Quiche
Roast Potatoes, Steamed Rice, Green Beans
& Sliced Carrots
Orange Jelly with Mandarins

WEDNESDAY

THURSDAY

Minced Lamb Pasta Bake
Or
Bombay Vegetables
Or
Vegetable Chow Mein
Egg Noodles, Garlic Tomato Bread,
Cauliflower & Garden Peas
Cherry Swirl Sponge and Custard

THURSDAY

FRIDAY

MSC Battered Fish
Or
Spiced Chicken Pitta and Mint Yoghurt
Or
Mushroom and Chickpea Burger with Tomato Relish
Chips, Brown and White Rice, Baked Beans
& Baked Courgettes
Chocolate Oaty Squares

FRIDAY



Served Daily – Freshly baked bread, Freshly sliced fruit,
yogurts and fresh drinking water.

Organic Beef Bolognese
Or
Baked Cod Crumble
Or
Red Pepper and Courgette Slice
Pasta Twists, New Potatoes, Sweetcorn
& Cauliflower
Mango and Pineapple Crunch and Custard

MONDAY

Lemon and Thyme Crusted Chicken
Or
Tomato and Mature Cheddar Plait
Or
Vegetable Bolognese
Ranch Potatoes, Spaghetti, Medley of
Vegetables & Roots and Shoots Salad Bar
St Clements Sponge with Custard

TUESDAY

Roast Beef with Thyme Gravy
Or
Cod with Moroccan Bean Stew
Or
Quorn Shepherds Pie topped with Celeriac Mash
Roast Potatoes, Herby Cous Cous, Broccoli Florets
& Mashed Swede
Toffee Frozen Yoghurt with Fairtrade Banana

WEDNESDAY

Chicken Korma
Or
Tuna Pasta Bake
Or
Quorn Paella
Vegetable Rice, New Potatoes, Green Beans
& Sliced Carrots
Strawberry Apple Crumble and Custard

THURSDAY

Cheese and Tomato Pizza
Or
Vegetable and Lentil Curry
Or
Mexican Vegetable Burrito
Baked Potato Wedges, Steamed Rice, Baked Beans
& Garden Peas
Chilled Chocolate Custard with Pears

FRIDAY

Paprika Minced Lamb Pie
Or
Spring Vegetable Pasta
Or
Sweet and Sour Quorn
New Potatoes, Egg Noodles, Broccoli Florets
& Sweetcorn
Oat and Sultana Cookie with Vanilla Ice Cream

Tandoori Chicken
Or
Fisherman's Pie topped with Cheese
Or
Sweet Tomato and Lentil Pasta
Steamed Rice, Parsley Potatoes, Roots and
Shoots Salad Bar, Medley of Vegetables
Summer Fruit Ripple Sponge with Custard



Beef and Sweet Potato Curry
Or
Mackerel and Watercress Fishcake
Or
Macaroni Cheese
Garlic Infused Bread, Coriander Rice, Green
Beans & Shredded Carrots
Citrus Squares

BBQ Chicken
Or
Jamaican Tuna and Sweetcorn Patties
Or
Mushroom Stroganoff
Baked Wedges, Spaghetti, Sliced Carrots
& Sweetcorn
Strawberry Jelly with Pineapple



MSC Battered Fish
Or
Lamb Kofte with Pitta Bread
Or
Carrot and Pesto Bake
Chips, Fragrant Rice, Baked Beans & Garden Peas
Passion Cake

Suitable for Vegetarians

Smile food that makes you happy